

Welcome Week Day 7

I thought I told you to go and rest today. That was my angry face. Okay, as much as I would love for you to go and rest, there are a couple of things we need to do. Not much, not much, I promise, it's small things. Number one, you know I'm going to say, deep breath from tracking. Get it done and then come back. You can do this in your PJs on your sofa. Number two is go and do a "what happens next?" post in your group just to remind people what's happening tomorrow. You can do it as a video, you can do it as a post, you can sign post people to the links to your... schedule just to remind people and then put it at the bottom, P.S. If you're unsure of anything, please drop a comment below. Myself and the team will be happy to give you any information that you need. Let us know, we want you to have the most amazing experience with us next week and make sure you've got everything you need. If you're not sure, we're here to serve and just drop that as a P.S. and then you'll get some people say, "Oh, well how does this work and how does that work and will there be replays"? There's always that question. So, if someone does ask you about the replay, what I would say to them is yes, there will be a replay, but we'd love it if you could attend live. We put so much effort into making these workshops incredible for you and we find that the people who have the biggest shifts are the people who actually show up live.

Now we know, timezones can mean that not all people can attend, but if you can please be there. I can't wait to see you. I'll be there with bells on and they'll also say something among those lines, but I really want people to show up live 'cause they get better results, but also, they get to ask questions as well, so super important. So, deep breath you need to get done. What happens next? And then you can do a post maybe in the evening. Like OMG, how excited are you right now? Tell me with a meme or tell me with an emoji to describe how you feel about tomorrow's events and just get people super excited. So, I love to do silly little things with memes and GIFs and all that jazz, anything that's just pokes a little bit of fun, creates engagement, but who doesn't love a GIF and who doesn't love a meme? We all do, so get them to post them there as comments, sharing their excitements and now, my lovely, you need to go and rest because tomorrow is such a big important day. It's the day you've been waiting for, the day your people have been waiting for and you do want to rest to make sure that you show up with all your best energy. So, super short video from me. I just want to tell you how proud I am of you for getting to this point. You have done the hard bit. I know right now you're thinking the hard bit is coming tomorrow. It's not. The hardest bit is that you've actually got people into your launch and they're all there and waiting for you. You're going to love next week so much. Yes, we've got a few things that we need to do, but this is your moment to shine. This is

the thing that many of you have been waiting for for a really long time. Maybe this is like, oh it chokes me up. Maybe this is what you've been waiting for your whole life. That ability to get your message and your expertise and that thing that you're amazing at out into the world and tomorrow is where it all begins and oh my gosh I can feel myself getting emotional because the joy that you're going to get from showing up, it will be unlike anything you've ever found in business. For me, workshop one is even a better feeling than cut open and I know that sounds crazy, but it's true because you're serving, you're doing your thing. You're bringing your energy and when you're in your best energy in business, that's where the magic happens. So, important that you rest today. Go and do the things you've been doing all week on social. Make sure that your ads have not crept up and cost. Yes, do that, but most importantly, go and rest because tomorrow is a very very special day indeed. I'm so excited. Now rest.